

Executive Proclamation

State of South Dakota

Office Of The Governor

WHEREAS, The objective of Wellness is to enhance the quality of a person's life, not just to avoid illness or to live longer; and,

WHEREAS, Wellness is accomplished by helping people take responsibility for their own health by altering their lifestyles acquiring an optimum degree of health; and,

WHEREAS, Wellness is characterized by being physically fit, being able to manage stress, having goals and purposes for life, eating healthful food and being spiritually alive; and,

WHEREAS, Wellness is a way of life which helps you achieve harmony of body, mind, spirit and environment; and,

WHEREAS, Wellness can help South Dakotans get more out of life, the goals prescribed in the Wellness concept are worthwhile aims for a healthy, vital life; and,

WHEREAS, Living a wellness lifestyle can help you realize your highest potential for wellness and well-being:

NOW, THEREFORE, I, WILLIAM J. JANKLOW, Governor of the State of South Dakota, do hereby proclaim the week of February 21-25, 1983, as

WELLNESS WEEK

In South Dakota, and encourage South Dakotans to make the most of their lives by achieving a total sense of Wellness and participating in Wellness Week activities.



ATTEST:

Alice Kundert
ALICE KUNDERT, SECRETARY OF STATE

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of South Dakota, in Pierre, the Capital City, this Sixteenth Day of February, in the Year of Our Lord, Nineteen Hundred and Eighty-Three

William J. Janklow
WILLIAM J. JANKLOW, GOVERNOR

STATE OF SOUTH DAKOTA - BUREAU OF ADMINISTRATION - OFFICE OF RECORDS MANAGEMENT - CERTIFICATE OF AUTHENTICITY
THIS IS TO CERTIFY THAT THE MICROPHOTOGRAPHIC IMAGE APPEARING ON THIS SLIDE OF MICROFILM IS AN ACCURATE REPRODUCTION OF THE ORIGINAL RECORD AND WAS MICROFILMED IN THE REGULAR COURSE OF BUSINESS ACCORDING TO THE PROVISIONS OF SOUTH DAKOTA COMPILED LAW 1-27-4. IT IS FURTHER CERTIFIED THAT THE PHOTOGRAPHIC PROCESS USED FOR MICROFILMING OF THE ABOVE RECORDS WAS IN A MANNER AND ON MICROFILM WHICH MEET THE RECOMMENDED REQUIREMENTS OF THE NATIONAL BUREAU OF STANDARDS FOR PERMANENT MICROPHOTOGRAPHIC REPRODUCTIONS. REDUCTION 25 ROLL NO. 3
DATE MICROFILMED 2-7-84 CAMERA OPERATOR *[Signature]*